

happy new year!

## New year! Woo! Same existential dread!

If you're in the same position as every other person on this planet right now, we've come to the point of the year where we reflect on year's past. What do we want to change about ourselves? What do we want to do differently to make this year our year?

Not sure if this even counts as a resolution, but for myself, I want to focus on consistency. And on that note, I am about five days late to sending out this newest issue, so we can see how that resolution is going. But, I will get better, I promise, and don't be afraid to check me. (Seriously.)

If you're anything like me though, I'm always in need of something to help motivate me to do even the simplest of tasks. And I have big things planned for this year, so I need as many things as possible to keep me going as well. Here's a list to help, think of it as a spring cleaning of the year previous.

- † Deep clean your space and reorganize your layout
- † Switch out different pieces of artwork in your room
- † Switch out/buy a new bedspread
- † Get a new book, magazine, or cookbook
- † Buy a new carpet or rug
- † Write a friend a letter and mail it out using the archaic postal service
- † Listen to 5 new albums you've been meaning to download
- † Walk a different route in your neighborhood
- † Listen to that podcast you've been putting off starting
- † Sell or donate those clothes you have in that trash bag under your bed

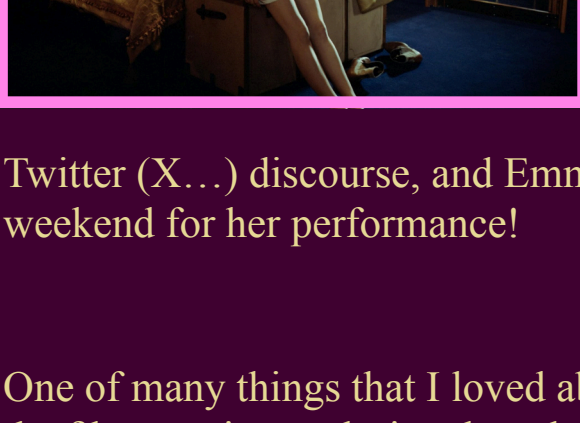
## in/out for 2024 (interiors)

Originally, I wasn't going to do this. But, then I realized, I'm no better than any other person doing this same exact thing. In fact, I've one upped everyone else and put in *TWO* in and out lists in this one newsletter. Yeah, I'm on the zeitgeist's tail.

- ### in:
- † Bed skirts
  - † Closet lamps
  - † Art Nouveau accents
  - † Hanging up framed art
  - † Leaning smaller artworks up against the wall
  - † Vintage office items being repurposed for your bedroom/home
  - † Embracing IKEA (I'm still waiting on my affiliate check)
  - † Speakers that require a receiver
  - † Anything powder blue or chestnut brown
  - † Carpeted rooms
  - † Totchkes
  - † Dens (sans TV)
  - † Solid colored linoleum kitchen flooring
  - † Napkin sets with matching placemats
  - † Fresh flowers in a vase weekly
  - † Tablecloths
  - † researching inspiration for your interior sensibility by looking at books through your local library

- ### out:
- † Using book stacks on the ground as decoration
  - † Smart speakers (I give a pass to Sonos)
  - † Gray sofas (I'm guilty)
  - † Facebook Marketplace vintage resellers that sell a "Danish midcentury" item that is in fact a dresser from West Elm.
  - † Etsy sellers that won't let up on their prices
  - † Overhead lighting (this has been out but just needed to give a reminder)
  - † "Open concept"
  - † Mounting your TV
  - † Throw blankets that aren't long enough to cover you while you're on the couch
  - † Anything "-core"
  - † Taper candles
  - † Matching dining chair sets
  - † A neutral color palette (Kardashian minimalism)

## poor things & applying art nouveau in a modern context



I have an obsession with Yorgos Lanthimos films. I'm cringey in the way that I literally have a Lobster tattoo on my thigh. No, not of an actual lobster, but of the film's poster art. Well, anyways, over my holiday break I had the time to go see his new film, *Poor Things*, that's been getting rave reviews all around. I bet you've all been hearing the chatter, seeing the trailers, reading the

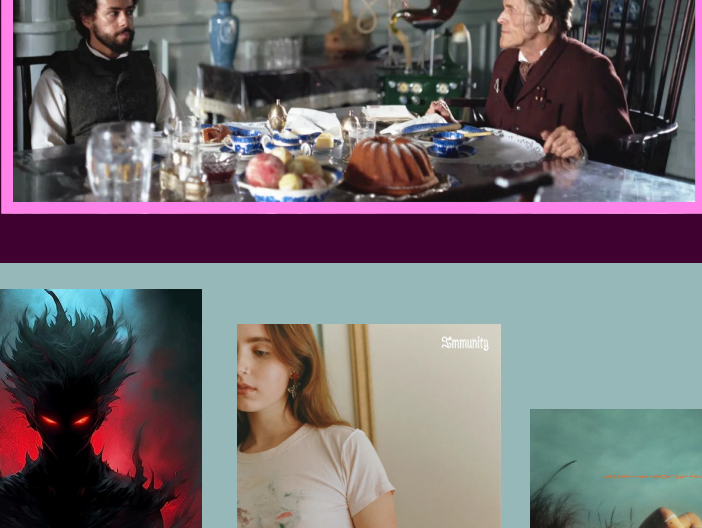
Twitter (X...) discourse, and Emma Stone even won a Golden Globe this past weekend for her performance!

One of many things that I loved about the film was its set design, but also the smaller touches in how they prop styled it to tie together the fantastical and dreamy world they built. I noticed the obvious gravitation

towards a more art nouveau style to fit within the time period (which is sort of Victorian meets alternative timeline where flying street cars are real). It made me start realizing that maybe I do like art nouveau styled objects more than I had thought. For a long time I always viewed art nouveau and its following dominant style, art deco, as a bit old world...grandma core to put it lightly. But, I'm happy to report that all is understood now. The use of art nouveau and art deco shine the brightest when they're used in moderation, which is the opposite to something like mid century design in both the kitsch sense and even the more refined Danish style. *Poor Things* helped show (to me at least) that a little touch of art nouveau is actually really fresh when placed in the correct context. Correct here is subjective of course, but I think good



places to start if you want a touch of art nouveau or art deco would be with a lamp, a decorative catch all tray or box, a mirror, or if you want to go larger, I actually think a dresser could be one nice "statement" piece. You really can't go wrong in this realm as long as you just start small and you're being intentional with how you're introducing the object into your space.



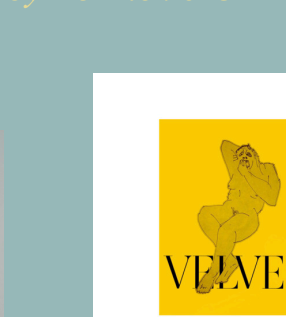
## Ababović Hot 100



*HIAOMRO* by Feist



*West Coast* by Lana Del Rey



*The Autotrem 1.0* by DJ Rick 013



*North* by Clairo



*Heels Over Head* by Earthtaker



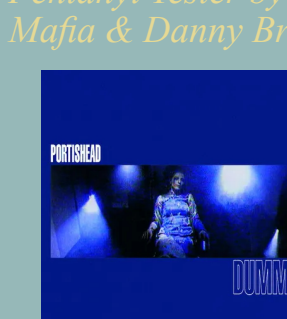
*Don't Wish Me Well* by Solange



*Time* by ARCA



*WINE GREEN* by Velvet Negroni



*Fentanyl Tester* by JPEG Mafia & Danny Brown



*Hopeless* by Against All Logic

## round up



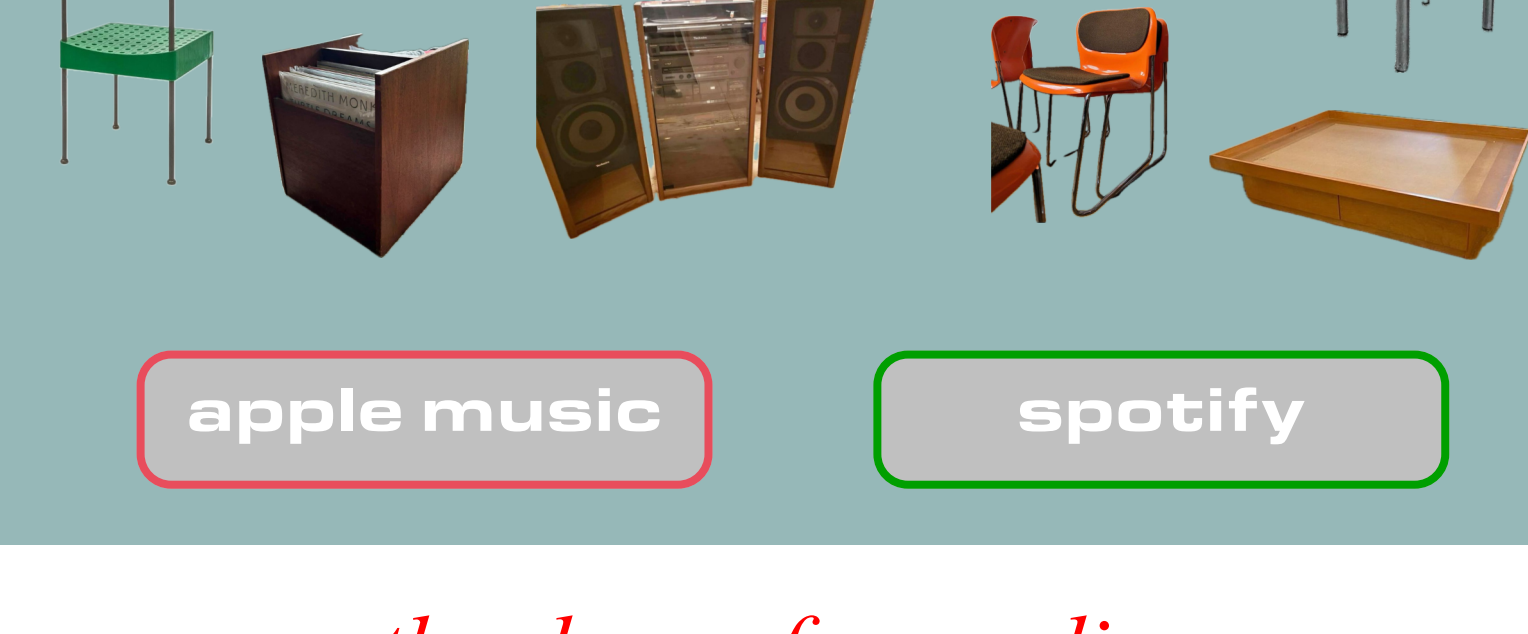
*It Could Be Sweet* by Portishead

## in/out list for 2024 (for the culture)

- ### in:
- † Early 2000s track jackets
  - † Owning your music physically (seriously, guys, streaming's collapse is coming)
  - † Flip flops
  - † Gap/Abercrombie & Fitch/J Crew
  - † Acrylic headbands
  - † Tortoise shell sunglasses
  - † Cheap and trashy colognes/perfumes
  - † Basing your personal aesthetic off a formative character from your childhood
  - † Public Transport
  - † Football (euro) scarves
  - † Americana in a Lana Del Rey 2012 way
  - † Whole milk
  - † Pears

- ### out:
- † Crocs
  - † Creating a newsletter
  - † Indie Sleaze
  - † Microtrends
  - † Not watching a film at a movie theater
  - † Irony
  - † Sceney events
  - † Skinny jeans (never in and we're keeping it that way)
  - † Ordering out dinner
  - † Ubering

## facebook marketplace saves



apple music

spotify

thank you for reading  
talk soon  
0:-)